

Helpful Links and Resources

AARP

www.aarp.org

Alzheimer's Association

www.alz.org

24/7 Hotline: (800) 272-3900

Centers for Disease Control and Prevention

<https://www.cdc.gov/aging/aginginfo/alzheimers.htm>

Dementia Action Collaborative Washington State

<https://www.dshs.wa.gov/altsa/dementia-action-collaborative>

Help for Alzheimer's Families

<https://www.helpforalzheimersfamilies.com>

National Institute on Aging

www.nia.nih.gov

National Council on Aging

www.ncoa.org

They Deserve The Best

www.theydeservethebest.com

If you have questions on any of these resources, or if you're interested in learning more about Prestige Senior Living's memory care program,

Expressions, please let us know.

