

# PORTHAVEN HEALTHCARE CENTER

## QUALITY CARE

Guided by a *Compassionate* Heart

[www.PrestigeCare.com](http://www.PrestigeCare.com)



*Your Transition to Home Experts*



Prestige Care, Inc.

# Porthaven Healthcare Center offers a broad spectrum of services and support

- 24-hour Sub-acute/Skilled Nursing Care
- Orthopedic Rehabilitation
- Stroke Rehabilitation
- Cardiac Rehabilitation
- Pulmonary Care
- Post-Operative Care
- Pain Management
- Intravenous/Infusion Therapies
- Vascular/Wound Management
- Cancer Recovery Services
- Renal Disease Services
- Digestive Disease Services
- Tracheostomy Care
- Physical, Occupational, and Speech Therapy Services
- Fall Prevention and Balance Programs
- Nutritional/Dietary Services
- Pharmacy, Laboratory, and X-ray Services
- Case Management and Discharge Planning
- Coordinated Palliative and Hospice Care
- Direct ER and Physician Admissions
- Admissions accepted seven days a week, 24 hours a day
- Therapy and Assessment Services provided seven days a week
- Private Rooms and Semi-private Rooms

## OUR PRESTIGE VALUES:

Prestige Care is rooted in a philosophy of caring based on core values – respect, integrity, commitment and trust – that are at the center of all we do. Our promise is to personally touch lives every day.

### RESPECT

Every person is a unique individual made in the image of our Creator; inherently deserving of our respect. We base our care on a foundation of respect for our residents and their families and for ourselves as individuals. No matter how we live or what we believe, we all need and deserve the respect of those around us.

### INTEGRITY

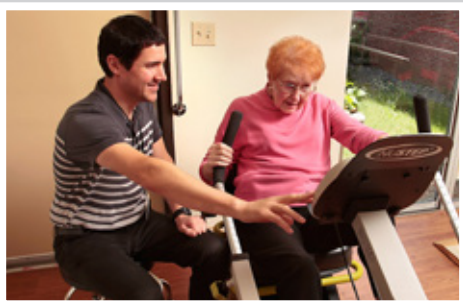
Every action is driven by our core values, no matter the circumstances. Our care is based on the foundation of truth and honor. We believe in doing the right thing; always acting in the best interest of our residents.

### COMMITMENT

Our behavior results from our passion for the completion of our individual special purpose in the world. We serve others because it is our calling. We believe it is our privilege and honor to provide senior services and an obligation that we take very seriously.

### TRUST

Character is of such high value to us that our word and actions will always be true. We know that trust must be earned, and we strive every day to act in ways deserving of yours. It is our pledge that we will care for your loved ones as if they were our own.





WE ARE:



REHABILITATION AT PRESTIGE CARE

**With you at every step.**

We specialize in short-term rehabilitation and skilled nursing care, with the goal of helping patients return home with an active, independent lifestyle.

Your recovery journey is measured every step of the way to ensure that you're receiving the right level of care to achieve your goals and expectations. During your stay, we also provide on-going, comprehensive evaluations to determine your need for home health or outpatient services on your return home as part of your discharge plan.

**Patient-centered.**

No two people are the same, and we appreciate the qualities that make you unique. Prestige Care healthcare professionals communicate with you, your family and your physician to define a treatment plan that best suits your goals. No matter your age or ability, Prestige Care's highly skilled healthcare team will give you the care you need and deserve to continue living an active and productive life.

**Committed to delivering positive results.**

We are continually fine-tuning our programs to deliver the highest level of success possible. Thousands of individuals go through our rehabilitation program every year, and over 90% return home, or to a lower level of care, with more mobility and less pain than before their hospitalization and recovery.

Our proven rehabilitation programs combine advanced therapy techniques and rehabilitation equipment to help our patients regain a full range of functional abilities with improved strength, balance and endurance. Our goal is not only to work at your pace to help you fully recover, but also to prevent future complications through education and enhanced well-being.

Prestige Care's highly skilled rehabilitation and healthcare professionals provide clinical services to patients recovering from a wide range of injuries or illnesses, including:

- Orthopedic surgeries
- Cardiac procedures
- Organ-transplants and other general surgeries
- Stroke or other neurological injury
- Many other conditions following hospitalization

Patients at Prestige Care skilled nursing and rehabilitation centers have on-site access to Physicians or Nurse Practitioners throughout their stay. Our skilled nursing and rehabilitation centers are licensed by each state and certified to participate in federal Medicare and Medicaid programs, and are contracted with the majority of Managed Care health plans. In addition, we also accept private pay patients.



## HOW WE HELP

We can also help families manage long-term care needs and we're equipped to provide higher levels of care as your needs change over time. Our Inter-disciplinary team of physicians, nurses, therapists, social workers and healthcare technicians are experts in providing a full range of healthcare services. We are able to adapt these services to each patient and their personal circumstances.

In addition to caring for patients in our communities, we work to protect the rights of seniors and ensure the highest standards of quality care across our industry. Our advocacy program, Senior Voices, promotes sensible senior care policies in local and national governments that support patients as they navigate their needs across the continuum of care.

By working together, we can achieve the best possible outcomes for our patients and their families.



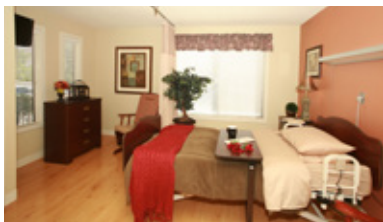
## PRESTIGE LEGACY

At Prestige Care Inc., we strive to provide the best possible care to each and every person we reach, and we've made it our mission to provide quality care guided by a compassionate heart.

What started in 1946 as a small group of seniors needing specialized care has grown into an expanding family of senior-living communities throughout the Western United States. Prestige Care was born when Sarah Delamarter saw a need in her community for compassionate senior care and opened her home to a handful of elderly individuals. As her reputation as a skilled, kindhearted caretaker grew, so did her business.

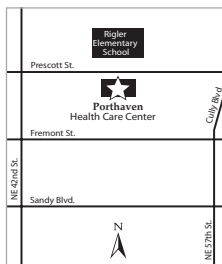
Today, Prestige Care is a complete senior care organization with more than 80 communities including skilled nursing and rehabilitation centers, assisted living communities, memory care and independent living solutions.

Call **(503) 288-6585** or visit Porthaven Healthcare Center today. For information on our other communities, call **(360) 735-7155** or visit us online at [www.PrestigeCare.com](http://www.PrestigeCare.com).



## Porthaven Healthcare Center

5330 NE Prescott Street  
 Portland, Oregon 97218  
 (503) 288-6585 phone  
 (503) 288-0014 fax



Our communities do not discriminate on the basis of sex, age, race and color, religion, marital status, national origin, political ideology, disability or veteran status.

