



Prestige Care, Inc.  
Prestige Senior Living, L.L.C.

## Levels of Care:

### INDEPENDENT LIVING

Assisted Living

Memory Care

Post-Acute Rehabilitation

## Hear it from those who know best...

**Rosemont was the answer to our prayers. Mom, now 92, has lived there for five years. She enjoys her independence in a comfortable and affordable one bedroom apartment.**

~ **Barbara,**  
*daughter of a Prestige Senior Living  
at Rosemont resident*

**I checked out seven retirement communities like this one. When I walked in I was greeted as an old friend by everyone. Everyone here is friendly and happy! It's peaceful and quiet, and I have a great room. The hallways are broad and bright, and it's a very nice facility. I have no complaints at all.**

~**Sam,**  
*a Prestige Senior Living Bridgewood resident*

## Who is Independent Living best suited for?

- Those who don't need much assistance in their daily routines, who can independently manage tasks such as bathing, dressing and medication management.
- Those looking to downsize from a house.

## Benefits of Independent Living vs. Staying at Home:

**SOCIALIZATION:** Residents in Independent Living communities are surrounded by peers in similar situations to them. There are plenty of opportunities to meet new people and try out activities with friends.

**ON-SITE SERVICES:** Residents may not need help cooking and cleaning, but at an Independent Living community, meals and cleaning services are always available. Whether you feel like cooking a meal in your own apartment or picking up a meal from our dining staff, it's up to you.

**ACTIVITIES AND EXERCISE PROGRAMS:** There's always things to do in a senior living community. Communities have packed calendars with activities to fit all your needs. Commonly offered are exercise classes, crafts, games, religious services and more. These are all just walking distance from your apartment.

**EASES FUTURE TRANSITIONS:** If a resident gets to a point where they will require a higher level of care, the transition to Assisted Living or Memory Care is easier. Most Independent Living communities work in tandem with Assisted Living communities, so the move isn't too drastic and families don't have to start from the beginning of the moving process.

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***Does Independent Living sound like the option for you or a loved one?*** Learn more about our Independent Living options at Prestige.